

DISCOVER KENYA IN 3 WEEKS

7 TOWNS INCLUDING MOMBASA, MALINDI, NAIROBI, NAKURU, MAASAI MARA, KWALE , and KISUMU.

DURATION: 21 DAYS

PROJECT MANAGERS: TOUCH AFRICA INTERNATIONAL

OBJECTIVES OF THE TRIP

1. To take participants safely out of their comfort zone, and into the realm of where almost 50 per cent (maybe more) of the world's population live - day-to-day survival.
2. To expose participants to the beauty of Africa - the people, the ecosystem, and the ability to be happy with few of the material comforts in life.
3. To take back in a community charity project that will have a direct impact on the lives of the community - They will reflect on it many years to come and always feel to be part of it.
4. To experience a village stay and life on a farm in a typical African rural setting.
5. To be able to empathize with those - **anywhere in the world, including your home country** - who, through no direct fault of their own, are not able to enjoy the same comforts as people in the 'developed world'.
6. To expose them to Africa-rich history hands on.
7. To make lasting friendships and possibly come back on their own.

DAY 1

Arrival and check in at Touch Africa Guest House, Nairobi

DAY 2

Orientation, bonding (games, songs, swimming), payments, dinner.

Discussion with resource person on several topics depending on the choice of the organisation.

DAY 3

Breakfast

Visit to Elephant Orphanage sanctuary (20 minute drive)

Giraffe center; [conservation center](#), 20 minutes

Lunch at Mobil Mart Bomas of Kenya (pizza, vegetarian and non-vegetarian)

Animal Orphanage (nairobi safari walk) [wildlife sanctuary](#) with many species of animals.

DAY 4

Travel to Kaloleni 8 hours

Lunch at Mtindo Andei .

Check in at host family.

DAY 5

Visit to hospital for a [volunteer activity](#), e.g.:

- Painting
- Planting trees
- Clean –up

Meeting patients

Group lunch at hospital

Dinner at village host family.

DAY 6

Breakfast

Visit to Rabai museum; Historical site
Travel to Chonyi to meet traditional dancers; [cultural activity](#)
Visit the Giriama shrines (kayas) in the kaya forest. Cultural visit
Visit to Mawe Meru ([cultural site](#))
Travel to Mida Eco Camp (2 hours) ; [beach resort](#) north of Mombasa
Check at eco-camp
Free afternoon.
Dinner and sleep.

DAY 7

Breakfast
Walking tour to Mida Creek; [conservation site](#) for mangrove trees
Visit to Arabuko Sokoke [Forest](#) for a [nature trail](#) and environmental education.
Lunch
Visit to the Butterfly Project Center for a [resource person talk](#) on environmental conservation.
Farming Education (bees/honey, Aloe Vera, mushrooms, silk worms)
Visit to Gede Historical Ruins; [ancient historical site](#).

DAY 8

Breakfast
Travel to Malindi to meet MEDA group (40 minutes)
Discussion forum on several topics.
Lunch
Introduction to project Children Of The Rising Sun Home.
Evening night out at Malindi
Stay in a hotel in Malindi

DAY 9

Breakfast
Full day of project at Children Of The Rising Sun Home
Optional night out

DAY 10

Breakfast
Travel to Sabaki River Mouth (half hour) river excursion
Visit to Mbuyu Tree (traditional worship center)

DAY 11

Breakfast
Full day of project at at Children Of The Rising Sun Home
(Other places to volunteer can be arranged upon request.)

DAY 12

Breakfast
Travel to Mombasa (2 hours)
Tour of Fort Jesus [historical/cultural](#) site (1 hour)
Walking guided tour of Mombasa Old Town to see the local Swahili culture.
Visit to Haler Park (1 hour)
Lunch
Afternoon at Pirates Beach
Optional night out.

DAY 13

Breakfast
Visit to Likoni Ferry and to Kwale Mwaluganje Elephant Sanctuary(optional) [animal conservation](#).
Visit to Kwale Mome for the Mentally Handicapped to give out gifts and play with the children.
[Community outreach](#)

Lunch

- Visit Sunza Island for a boat ride: educational excursion with Resource Guide on:
Mangrove growing
 - Crab farming
 - Fishing
- [Campfire night](#) at Sunza (optional for those who don't want to stay in tents camping overnight; Those who wish will be driven back to a hotel in Mombasa, a 30 minute drive)

DAY 14

Full day at a [Beach Hotel](#) in Mombasa.

DAY 15

Travel back to Nairobi by road: 8 hours.
(Option of flying to Nairobi; can be arranged upon request)

DAY 16

Breakfast
Start of Western, Rift Valley Sightseeing Tour
Stops:
Rift Valley View Point; [geographical scenery](#)
Menengai Crater; [geographical scenery](#)
Crossing of the Equator; [geographical scenery](#)
Lake Baringo; natural scenery
Lake Bogoria; natural scenery
Arrive Bogoria 4 pm

DAY 17

Depart to Kisumu via Eldoret
Stops:

- Lanet High-Altitude Athletics Training Center. [Educational](#)
- Cheptit Falls; [geographical scenery](#)

 Enter Kisumu
Check in to the hotel.

DAY 18

Kisumu:
Visit Lake Victoria for a [boat ride](#); Lake Victoria is the source of River Nile
Visit the local villages.
Talk to a resource person on the [local cultures](#)
Effects of post-election violence in Kenya.
Relaxing
Optional night out

DAY 19

Depart Kisumu to Maasai Mara via Kissi and Kilgoris towns.
Evening [game drive](#) Maasai Mara
Check in at the lodge
Campfire till late night (optional)

DAY 20

Maasai Mara
[Full day game](#) drive in Maasai Mara with a picnic lunch

DAY 21

[Morning Game Drive](#)
Drive back to Nairobi

DAY 22

Breakfast
Departure at will

PROGRAM DATES

The program runs year-round; please contact us for current details.

COSTS

The cost of the full program is **\$2,500 USD per person**, with **a minimum of 2 people**.
If airport pickup is desired, there is an additional charge of **\$30 USD**; this is optional.
Visitors who do not choose to have airport pickup will meet the Discover Kenya group at the Heron Court Hotel.